

Attilio's Ristorante



Meals and drinks

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Inhaber: Attilio Valvason

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www.ristorante-mare-monti.de | E-Mail: mare_monti@web.de

We would like you to be served in our nice and comfortable restaurant by our courteous waiters. You can order extraordinary Italian meals, specially prepared, together with a precious glass of wine or something else to drink.

We wish you a nice time here together with your friends in a calm and comfortable atmosphere. Take a chance to escape from your everyday life, leave back daily sorrows and let your day finish satisfied and comfortably.

All this you will get here with me at the Atilio's Mare Monti.

I'm really pleased to welcome you here in my cosy restaurant and that you like to be served by me and my team. I'd like to grant all your wishes with the dishes. Ask me, if you like something special to eat, even if you don't find it in the menu. Enjoy your meal.

yours

A handwritten signature in dark ink, appearing to read 'Atilio', written over a horizontal line. The signature is stylized and cursive.

and Team

Antipasti – Starters

- 1 Carpaccio di Manzo**
| beef carpaccio with rucola and parmesan cheese
- 3 Carpaccio Marino**
| salmon carpaccio² marinated with dill and lemon
- 4 Insalata di Mare**
| salad of seafood²
- 5 Vitello Tonnato**
| veal with sauce of tuna² and capers
- 8 Scampi Mare**
| jumbo shrimp² on salad with marinaden dressing
- 11 Antipasto all Italiana**
| mixed Italian sausage and cheese
- 12 Funghi freschi al Burro spezie**
| mushrooms fried in butter with several herbs

Zuppa – Soups

- 50 Minestrone**
| vegetable soup
- 51 Zuppa di Pomodoro**
| tomato soup
- 52 Zuppa Paesana**
potato cream soup

Insalate – Salate

- 70 Insalata Mista**
| mixed salad of season
- 71 Insalata Italia**
| mixed salad with ham^{9,10,12}, cheese^{2,10}, tuna², egg and olives⁶
- 72 Insalata Mare Monti**
| mixed salad with smoked salmon² and mozzarella with a lemon-oil dressing
- 74 Insalata Mediterraneo**
| mixed salad with turkey strips and mushrooms with balsamico vinegar
- 75 Insalata Monte Bianco**
| mixed salad with mozzarella, tuna², egg and olives⁶
- 81 Rucola con Parmigiano**
| rucola with parmesan
- 82 Caprese**
| mozzarella with tomatoes and basil
- 85 Insalata Vegetaria**
| mixed salad with mozzarella, sheep's milk cheese, cheese^{2,10} and olives⁶
- 86 Insalata del Paese**
| mixed salad with sheep's milk cheese and olives⁶
- 87 Insalata Rossa**
| tomato salad with tuna² and onions



Pizza

- 200 Pizza Margherita**
| tomatoes and mozzarella
- 201 Salami**
| tomatoes, mozzarella and salami^{2,9,10}
- 202 Prosciutto**
| tomatoes, mozzarella and ham^{9,10,12}
- 203 Peperoni**
| tomatoes, mozzarella and pepperoni sausage^{2,9,10,12}
- 204 Funghi**
| tomatoes, mozzarella and mushrooms
- 205 Marinara**
| tomatoes, mozzarella and seafood²
- 206 Vesuvio**
| tomatoes, mozzarella, oregano, basil and fresh tomatoes
- 207 Vegetaria**
| tomatoes, mozzarella, spinach, broccoli, artichokes, mushrooms and onions
- 208 Quattro Stagioni**
| tomatoes, mozzarella, ham^{9,10,12}, mushrooms, olives⁶ and artichokes
- 209 Gustosa**
| tomatoes, mozzarella, broccoli, tomatoes and sheep's milk cheese
- 210 Prosciutto e Funghi**
| tomatoes, mozzarella, ham^{9,10,12} and mushrooms
- 211 Verde, Bianca e Rossa**
| tomatoes, mozzarella, spinach and gorgonzola
- 212 Hawaii**
| tomatoes, mozzarella, ham^{9,10,12} and pineapple
- 213 Mare Monti**
| tomatoes, mozzarella, salami^{2,9,10}, ham^{9,10,12}, pepperoni sausage^{2,9,10,12} and mushrooms
- 214 Speciale**
| tomatoes, mozzarella, salami^{2,9,10}, ham^{9,10,12}, paprika, artichokes, olives⁶ and egg
- 215 Sofisticata**
| tomatoes, mozzarella, ham of Parma¹⁰, fresh tomatoes, rucola and parmesan cheese
- 216 Tonno**
| tomatoes, mozzarella and tuna²
- 217 Cipolla e Aglio**
| tomatoes, mozzarella, garlic and onions
- 218 Chef**
| tomatoes, mozzarella, pepperoni sausage^{2,9,10,12}, ham^{9,10,12}, spinach, gorgonzola and salami^{2,9,10}
- 219 Padana**
| tomatoes, mozzarella, spinach, sheep's milk cheese and crayfish²

We allow you to charge € for gluten-free meals.

For small pizzas or pasta we charge € less.



Pasta

- 301 Spaghetti Aglio Olio e Peperoncino**
| with garlic and spicy peperoncino
- 307 Penne 4 Formaggi**
| with 4 cheeses^{2,10} in cream sauce
- 308 Penne ai Funghi**
| with mushrooms and onions in cream sauce
- 309 Penne Arrabiata** *spicy*
| with bacon¹⁰, red onions and cherry tomatoes
- 311 Tortellini alla Panna**
| with ham^{9,10,12} in cream sauce
- 312 Tortellini Ragu**
| with hamburger meat
- 316 Spaghetti ai Frutti di Mare**
| with seafood²
- 318 Spaghetti Mare Monti**
| with tuna², tomatoes, onions, olives⁶, and indian corn in Prosecco lobster sauce
- 323 Lasagne al Forno**
| with meat sauce
- 326 Cannelloni Vegetari**
| Vegetarian Cannelloni
- 330 Wusch Wusch Nudeln**
| bavette with truffle oil
- 331 Wusch Wusch Nudeln**
| bavette with truffle oil and fresh truffles
- 332 Orecchiette Monte Bianco**
| pasta with broccoli, tomatoes, onions and roasted bread
- 334 Orecchiette Mediterani**
| pasta with fresh mixed vegetables in a tomato sauce
- 338 Fiocchi Desiderio**
| filled pasta with cheese^{2,10} and pear in a cheese pear cream sauce
- 356 Gnocchetti al Salmone**
| with salmon², cherry tomatoes in cream sauce
- 365 Tagliatelle Dolci**
| with zucchini and spinach in basil herbs sauce
- 366 Tagliatelle Golose**
| with fresh salmon², onions in a herbs cream sauce
- 369 Tris al Forno**
| three different kind of pasta with hamburger meat al forno

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Maiale – Pork

- 401 Impanata Supreme**
| *cutlet*
- 402 Bolognese Superba**
| *cutlet with ham^{9,10,12} and cheese^{2,10} al forno*
- 403 Parmigiano speciale**
| *cutlet with hamburger meat al forno*
- 413 Filetto di Maiale al Gorgonzola**
| *loin of pork with gorgonzola cheese cream sauce*
- 415 Filetto di Maiale Mare Monti**
| *loin of pork with pepper cream sauce*

Vitello – Veal

- 420 Scaloppina al Pinot Grigio**
| *veal cutlet with sauce of white wine*
- 423 Scaloppina ai Funghi freschi**
| *veal cutlet with mushrooms in cream sauce*
- 425 Saltimbocca alla Romana**
| *veal cutlet with sage and ham of parma in e sauce of white wine*
- 428 Involtini Deliziosi**
| *veal rolles filled with gorgonzola and spinach*

Manzo - Beef

- 450 Bistecca Scottata**
| *grilled rump steak*
- 451 Bistecca alla Tommy**
| *grilled rump steak with herbs, peperoni and garlic (spicy)*
- 452 Bistecca ai Funghi**
| *rump steak with fresh mushrooms and spring onions in cream sauce*
- 460 Filetto Tradizionale**
| *grilled fillet of beef on rucola salad*
- 462 Filetto Mare Monti**
| *grilled fillet of beef in a pepper cream sauce*
- 464 Filetto ai Porcini e Pepe Verde**
| *fillet of beef with mushrooms and green pepper in a cream sauce of brandy*
- 474 Carne Mista per due Persone**
| *mixed meat for 2 pers. with fried potatoes and vegetables*

For each meat dish, we serve the daily dish

For small fish or meat dishes we charge € less.



Pesce – Fish

- 500 Calamari alla Diavola** *spicy calamari² with fresh tomatoes, herbs, onions in a tomato white wine sauce*
- 502 Calamari Addormentati**
| grilled calamari² with rucola salad
- 504 Salmone alla Griglia**
| grilled salmon² on rucola
- 505 Salmone alla Senape**
| salmon² in a cream mustard sauce
- 506 Scampi Tranciati**
| grilled jumbo prawn² with garlic
- 507 Scampi Mar Rosso**
| jumbo prawn² with fresh tomatoes, onions and shrimp² in a tomato white wine sauce
- 512 Pesce Misto per due Persone**
| mixed fish² for 2 pers. with fried potatoes and vegetables

To each fish dish we offer the daily dish

For our little Kids

- 370 Pasta Rosé**
- 371 Pizza Salami**
- 372 Cutlet** *with french fries*
- 373 Puten Nuggets** *with french fries*

Dessert

- 580 Tiramisu**
- 582 Panna Cotta**
| with Wood berry sauce
- 583 Cream Caramel**
- 584 Zabaglione**
- 586 Mixed Ice**
- 588 Vanilla Ice** *with Wood berry sauce*
- 589 Tartuffo Cioco**
- 592 Cioco Soufflé** *with Vanilla Ice*
- 596 Kazolonsky**

Formaggi – Cheese

- 550 Gorgonzola**
- 551 Parmigiano**
- 555 Cheese Mix**



Aperitifs-Longdrinks

700 Prosecco	0,1 l
701 Aperitivo Casa	0,2 l
702 Aperitivo Mare Monti	0,2 l
703 Spritz ^{2,3}	0,3 l
704 Hugo	0,3 l
705 Bitterino ²	0,1 l
706 Crodino	0,1 l
707 Berta	5 cl
709 Cynar ²	5 cl
710 Martini Bianco ^{2,5}	5 cl
711 Martini Rosso ⁵	5 cl
712 Martini d'Oro ⁵	5 cl
713 Martini Dry ⁵	5 cl
714 Sherry Dry	5 cl
715 Sherry Medium	5 cl
716 Sherry Dolce	5 cl
717 Pernod ²	4 cl
718 Ricard ²	4 cl
720 Campari ²	4 cl
721 Campari ² Soda	4 cl
722 Campari ² Orange	4 cl
723 Aperol ^{2,3}	4 cl
724 Aperol ^{2,3} Soda	4 cl
725 Aperol ^{2,3} Orange	4 cl
726 Gin Tonic ³	4 cl
727 Bacardi Cola ^{1,2}	4 cl
728 Bacardi Orange	4 cl
729 Wodka Lemon ^{3,9}	4 cl
730 Wodka Orange	4 cl

Bottle Beer

752 Kulmbacher non alcoholic	0,5 l
753 Kapuziner Kristall	0,5 l
755 Kapuziner Dunkel	0,5 l
756 Kapuziner non alcoholic	0,5 l
757 Erdinger non alcoholic	0,5 l

Beer from the barrel

732 Kapuziner Hefe	0,3 l
754 Kapuziner Hefe	0,5 l
750 Kulmbacher Edelherb	0,2 l
751 Kulmbacher Edelherb	0,4 l
758 Radler	0,2 l
759 Radler	0,4 l
760 Diesel ^{1,2}	0,2 l
761 Diesel ^{1,2}	0,4 l

Drinks without alcohol

778 Acqua Panna	0,5 l
779 S. Pellegrino	0,2 l
780 S. Pellegrino	0,7 l
774 Coca-Cola ^{1,2}	0,2 l
775 Coca-Cola ^{1,2}	0,4 l
776 Coca-Cola light ^{1,2,8,11}	0,2 l
777 Coca-Cola light ^{1,2,8,11}	0,4 l
781 Fanta ²	0,2 l
782 Fanta ²	0,4 l
783 Sprite	0,2 l
784 Sprite	0,4 l
785 Mezzo Mix ^{1,2}	0,2 l
786 Mezzo Mix ^{1,2}	0,4 l
787 Multivitamin juice	0,2 l
788 Ginger Ale ²	0,2 l
789 Bitter Lemon ^{3,9}	0,2 l
790 Tonic Water ³	0,2 l
791 Orange juice	0,2 l
792 Orange juice	0,4 l
793 Apple juice	0,2 l
794 Apple juice	0,4 l
795 Apfelschorle	0,2 l
796 Apfelschorle	0,4 l
797 Tomato juice	0,2 l
798 Tomato juice	0,2 l

Warm drinks

800	Espresso	
801	Espresso macchiato	
802	Espresso Doppio	
803	Espresso coretto	
804	Coffee	
805	Coffee decaffeinated	
806	Cappuccino with Cream	
807	Cappuccino with Milk	
808	Latte Macchiato	
809	Hot Chocolate	
810	Hot Chocolate with Cream	
811	Tea	

Wine white

820	Chardonnay ⁵	0,2 l
822	Pinot Grigio ⁵	0,2 l
823	Pinot Grigio ⁵	0,5 l
824	Frascati ⁵	0,2 l
826	Frascati Amabile ⁵	0,2 l
828	Vino bianco della Casa ⁵	0,2 l
829	Vino bianco della Casa ⁵	0,5 l
830	White wine spritzer ⁵	0,2 l
831	White wine spritzer ⁵	0,5 l
832	Cider	0,25 l
833	Cider	0,5 l
834	Cider spritzer	0,25 l
835	Cider spritzer	0,5 l

Wine red

840	Vino Rosso della Casa ⁵	0,2 l
841	Vino Rosso della Casa ⁵	0,5 l
842	Chianti D.O.C.G. ⁵	0,2 l
843	Chianti D.O.C.G. ⁵	0,5 l
844	Montepulciano ⁵	0,2 l
845	Montepulciano ⁵	0,5 l
846	Primitivo di Manduria ⁵	0,2 l
847	Primitivo di Manduria ⁵	0,5 l
848	Barone Nero ⁵	0,2 l
849	Barone Nero ⁵	0,5 l
850	Lambrusco ⁵	0,2 l
851	Lambrusco ⁵	0,5 l
852	Rosé Chiaretto ⁵	0,2 l
853	Rosé Chiaretto ⁵	0,5 l

Spirituosen

860	Ramazzotti	4 cl
861	Fernet	4 cl
862	Alpestre	4 cl
863	Averna	4 cl
864	Grappa	2 cl
865	Grappa Prosecco	2 cl
866	Grappa Riserva	2 cl
867	Amaretto ²	4 cl
868	Sambuca	2 cl
869	Vecchia Romagna	2 cl
870	Williams Birne	2 cl
871	Malteser	2 cl
872	Kirschwasser	2 cl
873	Linie Aquavit	2 cl
874	Baileys ²	4 cl
875	Mirto Likör	2 cl
876	Limoncello	2 cl
877	Monte Negro	4 cl
878	Vodka Keglevich	2 cl
879	Rémy Martin	4 cl
880	Calvados	4 cl
881	Metaxa 5*****	4 cl
882	Asbach Uralt	4 cl
883	Jägermeister	2 cl
884	Underberg	2 cl
885	Cointreau	4 cl
886	Grand Marnier ²	4 cl
887	Marsala	5 cl
888	Jack Daniel's	4 cl
889	Tullamore Dew Scotch ²	4 cl
890	Jim Beam Bourbon ²	4 cl
891	Black & White Scotch ²	4 cl
892	Ballantine's Scotch ²	4 cl

Sodexo Marking / Sodexo Kennzeichnungen	Allergens and substances causing incompatibility	Allergene und Stoffe, die Unverträglichkeiten auslösen	Among these belong the following ones	Hierzu gehören
a	Gluten-containing cereal and products made hereof	Glutenhaltige Getreide und daraus gewonnene Erzeugnisse	Wheat, barley, oat, rye, spelt, freekeh, small spelt, amaranth and kamut	Weizen, Gerste, Hafer, Roggen, Dinkel, Grünkern, Einkorn, Emmer und Kamut
b	Crustaceans and products made hereof	Krebstiere und daraus gewonnene Erzeugnisse	Shrimps, crayfishes and edible crabs, prawns, lobsters, crabs, krills, rock lobsters, scampi, soldier crabs	Crevetten, Fluss- und Taschenkrebse, Garnelen, Hummer, Krabben, Krill, Langusten, Shrimps, Scampi Seesinnen
c	Eggs and products made hereof	Eier und daraus gewonnene Erzeugnisse	Chicken eggs, but also eggs from geese, turkeys, ducks, quails, pigeons and ostriches	Hühnereier, aber auch Eier von Gänsen, Puten, Enten, Wachteln, Tauben und Straußen
d	Fish and products made hereof	Fisch und daraus gewonnene Erzeugnisse	All kinds, raw, prepared and as a conserve; also caviar and roe	Alle Sorten, roh, zubereitet und als Konserve; auch Kaviar und Rogen
e	Peanuts and products made hereof	Erdnüsse und daraus gewonnene Erzeugnisse		
h	Soybeans and products made hereof	Sojabohnen und daraus gewonnene Erzeugnisse	Soy flour, soy semolina, soy milk, tofu, miso	Sojamehl, Sojagrieß, Sojamilch, Tofu, Miso
i	Milk and products made hereof	Milch und daraus gewonnene Erzeugnisse	Cow's milk, but among others - also goat's milk and sheep's milk	Kuhmilch, aber u. a. auch Ziegen- und Schafmilch
j	Edible nuts and products made hereof	Schalenfrüchte und daraus gewonnene Erzeugnisse	Almonds, hazelnuts, walnuts, cashew nuts, pecan nuts, Brazil nuts, pistachios, Macadamia nuts or Queensland nuts	Mandeln, Haselnüsse, Walnüsse, Cashewnüsse, Pekannüsse, Paranüsse, Pistazien, Macadamia- oder Queenslandnüsse
k	Celery and products made hereof	Sellerie und daraus gewonnene Erzeugnisse	Celery root, Pascal celery or celery	Sellerieknolle, Stangen- oder Bleichsellerie
l	Mustard and products made hereof	Senf und daraus gewonnene Erzeugnisse		
m	Sesame and products made hereof	Sesam und daraus gewonnene Erzeugnisse		
n	Sulfur dioxide and sulphites	Schwefeldioxid und Sulfite		
o	Lupines and products made hereof	Lupine und daraus gewonnene Erzeugnisse		
p	Molluscs and products made hereof	Weichtiere und daraus gewonnene Erzeugnisse	All kinds of mussels, oysters, snails, octopuses and squids	Alle Arten von Muscheln, Austern, Schnecken, Kraken und Tintenfischen

Beetroot Salad (Rote Beete Salat) (3, 5, 22, n)	Leek Salad (Lauchsalat) (2, 3, 15, 22, l, n)	Red Cabbage Salad (Rotkohlsalat)	Cucumber Salad (Gurkensalat) (2, i, l, n)	Coleslaw (Krautsalat) (3, 5, 23, a, c, l)	Corn (Mais) (i, k)	Eggs (Eier) (3, 5, n)
Vinaigrette (1, 3, n)	Beans (Bohnen) (2, 3, 5, 23, k, VN)	Olives (Oliven) (9)	Yoghurt Dressing (1, 3, 5, 23, a, c, h, i, l, VN)	Soft Cheese (Weichkäse) (i)	Tuna Fish (Thunfisch) (h)	Cocktail Dressing (c, h, i, l)

Note Allergens/Hinweis Allergene: An exact declaration is displayed in our restaurant, please ask our service staff. Please note that normal kitchen operations may involve some shared cooking and preparation areas and utensils, and the possibility exists that your food items may come in contact with other food products, including other allergens./Eine genaue Deklaration liegt in unserem Restaurant aus, bitte fragen Sie unser Servicepersonal. Aufgrund der Küchenabläufe kann der 100%ige Ausschluss bestimmter Allergene nicht gewährleistet werden.

Additives/Zusatzstoffe: ¹containing caffeine/koffeinhaltig, ²with colorant(s)/mit Farbstoff(en), ³containing quinine/chininhaltig, ⁴with taurin/mit Taurin, ⁵sulphurised (contains sulphites)/geschwefelt (enthält Sulfite), ⁶blackened/mit Schwärzungsmittel, ⁷with phosphate/mit Phosphat, ⁸with sweetener/mit Süßungsmittel, ⁹with antioxidant/mit Antioxidationsmittel, ¹⁰with preservative(s)/mit Konservierungsstoff(en), ¹¹contains a phenylalanine source/enthält eine Phenylalaninquelle, ¹²with flavour enhancer(s)/mit Geschmacksverstärker(n), ¹³waxed/gewachst, ¹⁴enhanced level of caffeine (32 mg/100 ml)/erhöhter Koffeingehalt (32 mg/100 ml)

Other Labels/Weitere Kennzeichen: S - pork/Schweinefleisch, R - beef/Rindfleisch, G - poultry/Geflügel, X - other meat/sonstiges Fleisch, V - vegetarian dish/vegetarisches Gericht, VN - vegan dish/veganes Gericht, Z - formed meat/Formfleisch, Y - formed fish/Formfisch, 16 - with milk protein/mit Milchprotein, 17 - with egg white/mit Eiweiß, 18 - using milk/unter Verwendung von Milch, 19 - with starch/mit Stärke, 10 - vegetable protein/mit pflanzlichem Eiweiß, 21 - with cocap-based coating/mit kakohaltiger Fettglasur, 22 - prepared using alcohol/zubereitet unter Verwendung von Alkohol, 23 - with garlic/mit Knoblauch

*and products thereof/und daraus gewonnen Erzeugnisse // Dishes may change at short notice - please see daily info!/Kurzfristig Änderungen der Speisen möglich - bitte sehen Sie hierzu die tägliche Info!

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